









# MANTHANE Newsline

The holistic education program for underprivileged











# Extending horizons, Manthan inaugurates two new SVKs in Ludhiana, Punjab

Manthan's sky-rocketing ambition and the spirit of nurturing under-privileged children added feathers to its cap with the inauguration ceremony of new *Sampoorna Vikas Kendras* (SVKs) at village Sekhewal, basti Jodhewal and New Kitchlu Nagar in Ludhiana, Punjab on April 11, 2015.

Addressing the audience, Sadhvi Puneeta Bharti discussed the philosophy of Manthan and drew a fine comparison between modern education system and vedic education system while Manthanites spoke their heart out. Their feelings testified the fact that Manthan is not just another education centre, but a temple of morals and ethics where they develop holistically.









अपनी उड़ान को ऊंचाईयों तक ले जाते हुए मंथन ने सेखेवाल गाँव, बस्ती जोधेवाल तथा न्यू किचलू नगर, लुधियाना, पंजाब में दो नए संपूर्ण विकास केन्द्रों का उद्घाटन किया। इस अवसर पर दिव्य तरंगे फैलाते हुए बच्चों ने गणेश वन्दना एवं भजनों का मनमोहक प्रस्तुतिकरण किया। VOL. 2 ISSUE 2 JULY 2015

## **Expansion of Manthan-SVK: Team Spirit Manifested at Inauguration Ceremony**

Rapidly growing with its mission of 'Literate India, Empowered India', Manthan celebrated the inauguration ceremony of the expansion of its *Sampoorna Vikas Kendra* (SVK), located at the slum cluster of Baba Farid Puri

Colony, Patel Nagar, Delhi, on April 18, 2015. It is noteworthy that this SVK, inaugurated in April 2014, was designed out of a factory outlet by the enthusiastic members of the Rotaract Club of Shri Guru Gobind Singh College of Commerce, Delhi University for benefitting students from Nursery to II standards. The current expansion of this SVK is also the fruit of the Club's collaboration with DJJS for second time. The second floor of this centre, renovated and designed by the young and responsible Rotaractors is now ready to support the students from III to V standards.

The ceremony was graced by Swami Sumedhanand, Sadhvi Surjita Bharti and Sadhvi Deepa Bharti from DJJS, Rotarian Prashant Sehgal, Secretary and President Elect, Rotary Club of New Delhi, Rotarian Vir Philip, Chair of District, Rotaract Club, Ms. Pooja Malhotra, Child Psychologist, Mr. Jitendra Meena, ACP, Delhi Police, Mr. Sanjay Sati, Dairy Engineer, DMS, Mrs. Poornima Vidyarthi, Councillor and Former Mayor, and Mr. Brij Mohan Sethi, Social Worker and Businessman.

#### Speaking on the occasion

# Expression Parted N 100 a 10

Sadhvi Deepa Bharti

**Manthan Program Coordinator** 

... the need of the hour is

to focus on their core

and provide them all

educational development

possible opportunities to

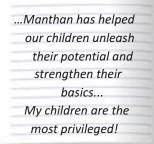
nurture and rise high...



#### Rotarian Vir Philip Chair of District, Rotaract Club ...the association between DJJS and the Rotaract Club and the integrated efforts made by both teams for a noble cause is highly appreciable...

## Testimonies shared by parents





# Manthanites expressing their feelings



...Studying amid the comfortable environment of Manthan brings me ultimate happiness...

Thank you MANTHAN

Fancy dress show symbolizing 'Unity in Diversity'



#### Dance performances by tiny tots



## Skit reflecting significance of education



It was an amazing presentation by Manthanites; exhibiting their talent with full zeal while surpassing their stage fear.

Manifesting the spirit of team work and cooperation



The young Rotaractors shared presentations on their jubilant journey with Manthan. A documentary outlining the aim, objectives and work areas of Manthan SVK in India was also screened.

दिल्ली, पटेल नगर के बाबा फरीदपुरी कॉलोनी में स्थित संपूर्ण विकास केन्द्र की दूसरी मंजिल के उद्घाटन समारोह का रंगारंग आयोजन किया गया जिसमें एक बार फिर दिल्ली विश्वविद्यालय के श्री गुरू गोबिंद सिंह कॉलेज ऑफ कॉमर्स के रोटरेक्ट क्लब के युवा सदस्यों ने अपना महत्वपूर्ण योगदान दिया। इस मंजिल का नवीनीकरण कर इन युवाओं ने अपनी सामाजिक जिम्मेदारी को बखुबी दर्शाया है। प्रयास के फलस्वरूप, इस संपूर्ण विकास केन्द्र में अब नर्सरी से पाँचवी कक्षा में पढ़ रहे बच्चों को लाभ मिल रहा है।

**Glad audience** 



Ribbon cutting ceremony of the expanded second floor



... Best wishes for the fruitful endeavour



#### **Capacity Building Workshop for teachers**



Initiatives are running with full gusto to enhance the skills and competency of teachers. What came as a new learning opportunity by Manthan was an encouraging four days Capacity Building Workshop for teachers of the SVK at New Kitchlu Nagar, Ludhiana, Punjab from 1st to 4th June, 2015. It was a crucial workshop that aimed at building a relationship between teachers and students so that the latter could be benefitted with right kind of education.



Underscoring the broad goal of Manthan in the opening session, DJJS Preacher Sadhvi Rajni Bharti talked about suitable practices to be used by teachers in order to provide quality education to students and clear basic concepts.



Exhibiting concern for children's education, teachers also raised queries and highlighted constraints faced by them during teaching. This healthy discussion brought satisfaction to the teachers as they pondered on major issues like how to cope with slow learners, how to set a coordination with children's understanding ability etc.

Teachers were also made aware of the 'My Earth, My Responsibility' campaign run under *Sanrakshan*, an environment based social program of DJJS. They were exhorted to contribute towards environment protection. Beautiful teaching - learning materials made by teachers with the use of old newspapers, sweets boxes and clothes were well appreciated.

न्यु किचलू नगर, लुधियाना, पंजाब में स्थित संपूर्ण विकास केन्द्र की शिक्षिकाओं के लिए एक कपैसिटी बिल्डिंग वर्कशाप का आयोजन किया गया जिसमें उन्हें बच्चों के बहतर विकास हेतु नवीन शिक्षण प्रणालियों को प्रयोग में लाने का सुझाव दिया गया। शिक्षा में आए इस नवीनीकरण से बच्चों के मानसिक स्तर का बहतर आकलन किया जा रहा है ताकि उचित समय पर विकास की सभी संभावनाओं पर ध्यान दिया जा सके। VOL. 2 ISSUE 2 JULY 2015

#### Training workshop to enhance skill set of teachers in Bihar

The four Manthan SVKs of Divya Jyoti Jagrati Sansthan (DJJS) in Bihar are being supported by Canada's Women's Empowerment International

Foundation (WEIF). The focus is laid on providing quality education to under-privileged children in rural areas, along with capacity building of the teachers.

Teachers play a crucial role in shaping students' overall personality. With an objective to establish quality in education, a five-day training program was organized for teachers of Bihar SVKs from April 22 - 26, 2015. Resource persons for the training were Dr. Patricia Gokhle, Director, Nareshwadi Learning Centre (NLC), Dahanu, Maharashtra and Ms. Silvia, Trained Nursery Teacher.

The workshop was attended by 16 teachers of Manthan, Bihar. The sessions began with discussions on establishing quality in education, followed by a situational analysis of Manthan schools. This was conducted through a series of group exercises with the team. Then the principles of teaching and learning were discussed at length, which helped the group to understand and draw goals, activities and learning outcomes of the subjects.

An activity calendar and work plan for 2015-16 was also presented by the group on last day of the workshop.

Ms. Silvia conducted a drawing workshop with a group of 25 students of Manthan SVK, Saharsa, Bihar. The students enjoyed filling colours in sheets. This helped them develop their motor skills and enhance creativity.

Dr. Patricia Gokhle and Ms. Silvia along with the team of Village Improvement Program also visited and interacted with the women beneficiaries of village Parsoni to review the growth of mango saplings and vegetable seeds distributed for their economic empowerment. An activity calendar FY 2015-16 was also planned out with the concerned team members.

DJJS is thankful to WEIF for its rigorous support in the noble endeavours of maintaining, establishing and ensuring growth and development of the rural deprived villages of Bihar.







विमेन्स एम्पावरमेंट इंटरनेशनल फाउंडेशन (विफ) के सहयोग से सहरसा, बिहार में "शिक्षा में गुणवत्ता" विषय पर एक पाँच दिवसीय कार्यशाला का आयोजन किया गया, जिसमें मंथन, बिहार की 16 शिक्षिकाओं ने भाग लिया। 22 अप्रैल से 26 अप्रैल तक चली इस विशेष कार्यशाला में डॉ. पेटरीषा गोखले (निर्देशक, नरेशवाड़ी लर्निंग सेंटर) एवं मेडम सिल्वया ने शिक्षिकाओं को विभिन्न गतिविधियों द्वारा शिक्षा में गुणवत्ता व रोचकता बढ़ाने हेतु टिप्स दी। मेडम सिल्वया ने सहरसा केन्द्र के करीब 25 बच्चों की एक विशेष कार्यशाला भी ली जहाँ बच्चों में छिपी सुजनात्मक कला को उभारा गया।

#### Health checkup and Dental checkup camps at Manthan SVKs in Haryana



Dr. Salman from Royale Multi-speciality Hospital examined 35 students of Manthan SVK, Faridabad . March 26, 2015

हरियाणा के फरिदाबाद संपूर्ण विकास केन्द्र में एक स्वास्थ्य शिविर लगाया गया जिसमें रोयल मल्टीस्पेशिऐलटी अस्पताल से आए डॉक्टर सलमान ने 35 बच्चों की मेडिकल जाँच की तथा उन्हें स्वस्थ रहने के टिप्स भी दिए। साथ ही डॉक्टर ने उन्हें साफ सफाई के प्रति भी जागरूक किया।

हरियाणा के गुड़गाँव संपूर्ण विकास केन्द्र में 29 मार्च 2015 को दन्त चिकित्सा शिविर लगाया गया जिसमें डॉक्टर अंकिता महाजन ने लगभग 30 बच्चों के दांतो की जाँच की व दन्त रख- रखाव के सम्बन्ध में महत्वपूर्ण टिप्स भी दिए।



Dr. Anchita Mahajan examined 30 Students of Manthan SVK, Gurgaon.

March 29, 2015

# Manthan initiates Capacity Building of volunteers, fosters personal and professional grooming





The morning began on a thumping note as the dynamic team of 15 volunteers of Manthan SVK got all set to attend a workshop at Jagannath International Management School (JIMS), Vasant Kunj, Delhi on May 21, 2015 on the theme - IMPACT. The workshop was led by a Corporate Trainer Mrs. Neeru Sisodia who lent her voluntary service for a cause. Her innovative theoretical and demonstrative sessions encouraged a lively engagement of all the volunteers.

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Comprising a comprehensive package to ensure overall grooming of the participants, the workshop was meant to enhance them at both personal and professional levels. Healthy participation and creative art of the participants set fervent tone of the workshop.

Under the divine guidance of His Holiness Shri Ashutosh Maharaj ji, Manthan SVK has a massive plan to polish the skills of its selfless and dedicated volunteers whose growing efforts are visualized to target the education of under-privileged children throughout the country.

मंथन के स्वयंसेवको के लिए जिम्स, वसंत कुंज दिल्ली में एक कपैसिटी बिल्डिंग वर्कशॉप का आयोजन किया गया। कॉर्परेट ट्रेनर श्रीमती नीरू सिसोदिया ने स्वयंसेवको को कम्युनिकेशन स्किल्स बढ़ाने तथा ऑफिस मैनिज्मेंट में निपुणता हासिल करने के तरीके सिखाए। उनके द्वारा दिए गए सैद्धांतिक एवं प्रयोगात्मक सत्रो से स्वयंसेवको को अपनी प्रतिभा विकास में मदद मिली।

#### Health camps at villages in Bihar



In line with the Village Improvement Program run by DJJS and WEIF in six villages of Bihar, a health camp was organized for Dhanoja and Sukhasan villages of Bihar state of India on May 24, 2015 and also at the sixth adopted village Bhelwa of district Madhepura, Bihar on June 12, 2015. Dr Jitender Kumar and Dr Dharmendra lent their volunteer services for the cause. Medical examination was carried of 175 beneficiaries including Manthan SVK students and villagers. Free medicines were also distributed during the camp.

बिहार के छ: गाँवो में डी.जे.जे.एस एवं विमेन्स एम्पावरमेंट इंटरनेशनल फाउंडेशन (विफ) द्वारा चलाई जा रही ग्राम सुधार परियोजना (विलेज इम्प्रुवमेंट प्रोजेक्ट) के अंतर्गत धनौजा, सुखासन व भेलवा गाँवों में स्वास्थय शिविर लगाए गए। अपनी वालन्टरी सेवा देते हुए डॉक्टर जितेन्दर और डॉक्टर धर्मेन्दर ने बच्चों एवं ग्रामीणों की मेडिकल जाँच की तथा क्पोषण के शिकार मरीजो को चिकित्सा का परामर्श दिया। शिविर के दौरान मुफ्त दवाईयाँ भी दी गई।

#### **Budh Purnima celebrated at Gaya SVK, Bihar**



Manthan's persistent efforts to make students aware of the significance behind Indian festivals have been proved to be fruitful in enhancing their knowledge base.

The occasion of Budh Purnima was enthusiastically celebrated at Gaya SVK of Manthan in Bihar state of India. Mr. Baiju Yadav, Uppradhan, was also present as a guest.

The program was beautified by poem recitation and dance performances by students. A play on the autobiography of Mahatma Budha was also presented.

बिहार के गया संपूर्ण विकास केन्द्र में बुद्ध पुर्णिमा मनाई गई जिसके द्वारा बच्चों को भारतीय त्यौहारों मे निहित विभिन्न अध्यात्मिक-सामाजिक महत्वों को समझाया गया। बच्चों ने कविता, नृत्य एवं महात्मा बुद्ध पर आधारित एक नाटक भी प्रसत्त किया।



#### Here arrives

### Summer Camp,

#### Manthanites explore hidden abilities

We don't want to leave the company of Manthan even on Sundays.









It is quite imaginable that it wouldn't have been easy for Manthanites to live apart from Manthan during summer vacation. But soon their sadness turned to a broad smile with the declaration of an interesting Summer Camp. Yes, an enthusiastic camp was conducted by preachers, qualified teachers and volunteers at all the four SVKs in Ludhiana, Punjab from June 8-18, 2015. DJJS branch in Jalandhar also conducted such a camp for children from June 8-17, 2015. Certainly, Manthanites at Delhi SVKs couldn't also remain untouched by the pleasure of this camp and the SVKs at Mangolpuri, Badli, Paschim Vihar, Rithala, Shakurpur and Vikaspuri in Delhi and Gurgaon in Haryana organized their camps from June 22 - 27, 2015.

These camps brought both learning and entertainment wherein Manthanites nurtured their creativity. It was also amazing to have some preachers during the camp who shared wisdom bites with them and inspired them to maintain good moral conduct and lend a helping hand to the society's development.

मंथन के सभी बच्चों के लिए जून माह में समर कैम्प का आयोजन किया गया। हर दिन अलग अलग थीम जैसे विज्ञान, संस्कृत, गणित, कला, नृत्य, योगा इत्यादि पर हुए सत्रों का बच्चों ने जम कर लुफ्त उठाया तथा बखूबी ढंग से अपने हुनर का प्रदर्शन भी किया। सभी शिक्षकों, प्रचारकों व युवा सहयोगियों ने सभी गतिविधियों में अपना पूर्ण योगदान देकर इसे सफल बनाया तथा बच्चों को यह प्रेरणा दी कि वह पढ़ लिख कर समाज के प्रति अपने कर्त्तव्य को निभाएं तथा अपने देश का नाम रोशन करें।









#### **Manthan observes World Day against Child Labour**



In the streets of Rag-pickers' colony, students of Manthan SVK, Rithala, New Delhi, generated awareness on 'World Day Against Child Labour' through street plays & rallies on June 12, 2015.

The day was a booster for Manthanites who were motivated to perform to the best of their abilities.



12 जून 2015, 'बाल श्रम निरोध दिवस' के अवसर पर दिल्ली के रिठाला संपूर्ण विकास केन्द्र के बच्चो नें कुड़ा बीनने वाली कॉलोनी में रैली अथवा नुक्कड़ नाटकों द्वारा लोगो में शिक्षा के प्रति जागरूकता फैलाई।

# Active yoga session on the First International Yoga Day Manthanites get attuned to a complete package



Everybody stand straight, don't bend forward and let's start with the warm up... and here go the cheerful and active Manthanites in motion to mark the International Yoga Day. Yes, Manthanites, dressed in white, got engaged in this vigorous celebration at Divya Dham Ashram of Divya Jyoti Jagrati Sansthan (DJJS) on June 21, 2015.

Paying respect to India's ancient tradition, yoga and vedic chanting sessions have always been an integral part of the activities at Manthan SVKs. Around 200 students from all the centres of Delhi were taught yogasans under the guidance of Shri Pravesh Dhall, a Yoga Practitioner. Students' also pledged to practice Yoga in their daily life to become healthy and awakened



Then came a surprise visit to Gaushala located at Divya Dham ashram and operated under Kamdhenu social project of DJJS for cow preservation and protection. Animals understand the language of human's affectionate gestures and the similar relationship could be witnessed when Manthanites touched cows, calves and baby goats.

Manthanites are preparing themselves to be the responsible individuals who are holistically developed and will lend a remarkable contribution to their nation's development.

अंतर्राष्ट्रीय योग दिवस के मौके पर मंथन के दिल्ली के संपूर्ण विकास केन्द्रों से लगभग दो सौ बच्चे दिव्य ज्योति जाग्रति संस्थान के दिव्य धाम आश्रम में एकत्रित हुए। इस अवसर पर योग शिक्षक श्री प्रवेश ढल ने बच्चों को विभिन्न योगासन सिखाए तथा उन्हें स्वस्थ जीवन जीने के सुत्र भी समझाए। सभी बच्चों ने रोज योगासन करने का प्रण भी लिया। आश्रम भ्रमण कर बच्चों ने गौशाला देखी जहाँ उन्होनें भारतीय नस्ल की गायों को देखा, बत्तखे व नन्ही बकरीयों से मिलकर खूब आनन्द लिया और उनके प्रति अपना प्रेम व्यक्त किया। बच्चों के संपूर्ण विकास में सहायक यह एक अनूठा दिवस था।





**Visit to Gaushala** 



**Profound love for animals** 

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#### **Sponsors @ Punjab**



Mr Tajinder Kaur waraich distributed books at Manthan SVK, Sekhewal, Ludhiana May 1, 2015



Mr Chamanlal Chatly contributed study materials to the center at Manthan SVK, New kitchlu Nagar, Ludhiana May 11, 2015

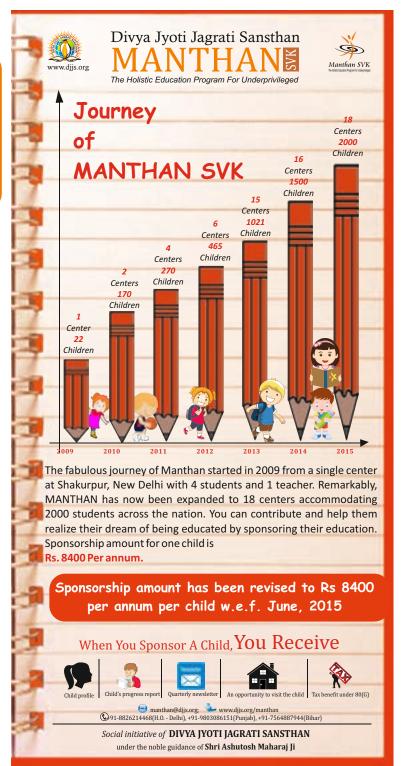


Yog & sewa Pariwar donated 25 desks for students of Manthan SVK, New kitchlu Nagar, Ludhiana May 19, 2015



Mrs. Gurminder kaur, Mrs. Kamaljeet Kaur and Mrs. alka distributed stationary tems at Manthan SVK, Gopal Nagar, Ludhiana May 29, 2015

इस महत्वपूर्ण योगदान हेतु, मंथन आपका हार्दिक आभार प्रकट करता हैं।



#### For Contribution Detail

Contact Add: Head Off.- Plot No.3, Pocket OCF, Behind Pushpanjali Enclave,

Pitampura Extn., New Delhi-110034

Call: +91-8826214468(H.O.-Delhi), +91-9803086151(Punjab), +91-7564887944(Bihar)

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